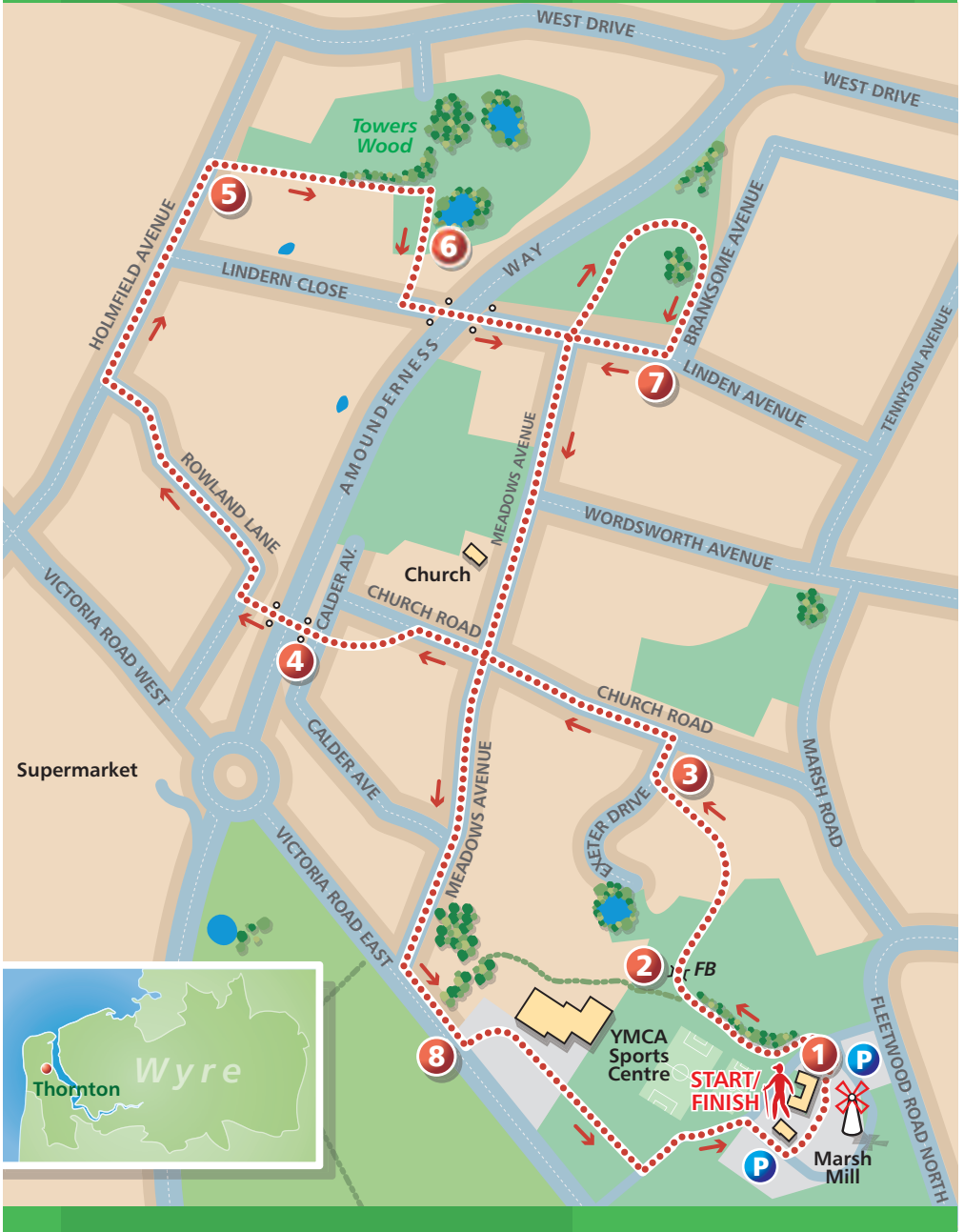


MARSH MILL Health Walk

4



Please note, this map may not be completely accurate to scale, and is intended only as an illustrated guide to the highlighted walk.

MARSH MILL Health Walk



Time: 1 hour

Start and finish: Tiffins Café, Marsh Mill

- 1** From Tiffins Café, go through the adjacent narrow alleyway to the rear of the café. Turn left onto the sports field and follow the hedgerow and ditch by the model railway track to the footbridge.
- 2** Go over the footbridge into the next sports field and bear left diagonally across the field to the left hand side of a small pond onto the roadway and turn right and follow Exeter Drive to the junction of Church Road.
- 3** Turn left along Church Road to the very end, then turn left for approximately 30 metres to a pathway entrance leading to a controlled crossing on Amounderness Way.
- 4** Cross Amounderness Way and follow the narrow fenced footpath through to Rowland Lane, turn right to Holmefield Avenue, turn right and follow approximately 300 metres to the entrance gate leading to a wooded area.
- 5** Go right into Towers Wood and follow the track until reaching a pond on the right at the far junction at the end of the track. (At this point it is good to view wildlife on the Pond).
- 6** Follow path to Lindern Close, turn left, follow to controlled crossing, cross over and turn sharp left into meadow, keep to left hand side, follow to entrance on Branksome Ave. Turn right follow to junction, turn right into Lindern Ave.
- 7** Walk on and take second left turn Meadows Ave, walk on past church to junction, cross over still on Meadows Ave, walk on to junction Victoria Road East, turn left.
- 8** Approx 50 yds down road turn sharp left into blind alley, cross grass and car park for YMCA, cross footbridge, go straight over playing field, keep rugby pitch to the left and soccer to the right. Straight on over car park to side of Tavern at Mill, follow into square and Tiffins Café.