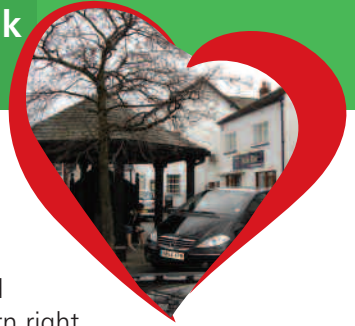


GREAT ECCLESTON Health Walk



Time: 1 hour

**Start and finish: Great Eccleston
Community Village Centre**

- 1** From the centre entrance, cross the road and turn left, then a little way along, turn right into Butts Lane.
- 2** At the end of the lane, cross the main road and head over to the footpath straight ahead.
HAZARD: This is a very busy wide road with fast moving traffic.
- 3** Follow the footpath until you reach a stile. Cross the stile and follow the line of a ditch on the left hand side.
- 4** Cross over the footbridge.
HAZARD: This bridge can be slippery and also watch out for horses in the field.
- 5** Head towards the gate across the field to mini ladder stile and follow the track that follows the line of the river.
HAZARD: This track can be rutted when dry and very muddy when wet.
- 6** Cross over the next two stiles, the third stile is off the path to the right and go down steps in grassy slope.
- 7** Cross the field towards another stile and walk down the path towards the main road.
- 8** Cross over the main road and walk towards the bus stop on the right. Continue along the footbridge passing the Health Centre on the right hand side and then along to the centre of the village where the Community centre can be found by crossing over the road at the Village Square.