

# BILSBORROW Health Walk



Please note, this map may not be completely accurate to scale, and is intended only as an illustrated guide to the highlighted walk.

# BILSBORROW Health Walk



**Time: 1 hour**

**Start and finish: Owd Nell's Pub**

- 1** Starting at the Canal, take a right under bridge and walk along the canal path.
- 2** Continue walking along the canal path passing under the first bridge, keep walking until you reach the second bridge (approx 1½ miles).  
*HAZARD: Please note canal path can get extremely muddy.*
- 3** At White Horse Lane bridge (second bridge), walk up the steps and take a left down White Horse Lane.
- 4** At the end of White Horse Lane, take a left onto Garstang Road, walking approx 1¼ miles.
- 5** At the junction of St Michael's Road, signposted Owd Nells, take a left.  
*HAZARD: Please note, take care when crossing this road.*
- 6** Cross over the bridge and back into Owd Nell's car park.